

## WHAT TO TAKE ON A TRAIL RIDE - ESSENTIALS

**RIDER:** Boots, hat, jacket, gloves, knife, water, bear spray, t.p., phone, map or knowledge of trail  
Required permits (state trust lands; reservation, etc.)\*\*  
Must be in good condition for the task!

**HORSE:** Must be in good condition for task. Clean, well-fitted tack, shoes, halter & lead rope, sprayed

### PEOPLE 1ST AID

Vomit/diarrhea  
Pepto/gas relief  
Inhaler or EpiPen  
Benedryl/allergy  
Cold/flu relief  
Pain: aspirin/aleve/meds  
Electrolytes

Q tip/tweezer  
Band aids/pad  
Hydrogel (hydrogen peroxide)  
Bactrycin  
Vaseline  
Duct tape

### HORSE 1<sup>ST</sup> AID

Bickmore's Gal Salve  
Blood stop powder  
Wound pad/vet wrap  
Sewing kit  
vet wrap

### TOOLS

Compass/Map section  
Wire cutter  
Multi-tool  
Pen/paper  
Zip ties  
Cordage  
Flashlight

### HORSE TOOLS

Leather lace/cordage  
Hoof pick  
Horse shoe fix  
pad/tape or easy boot(s)  
Fly Spray/wipes

### Hypothermia prevention

Coat  
Gloves/socks  
Space blanket  
Hand/feet warmers  
Firestarter kit

### Other:

Bug spray/sunscreen	Chinks/chaps
Lunch/apple	Spurs
WATER/water filter	Hobble/high line
Bear Spray	Gun
Saw	Stronger meds for horse/rider
Stories to share (only if asked)	Horse meds: banamine, bute, electrolytes

\*\* Riding on State Trust Lands requires a permit for general recreational use. For more information, or to purchase a permit, go to Snappy's, Sportman's, Fish and Game or on line:

<http://dnrc.mt.gov/divisions/trust/recreational-use-of-state-land>

Pig Farm, Whitefish Trails System and Happy Valley are on State Trust Lands.  
Reservation permits can be purchased at those same physical locations.

Remember, Don't be "that one." Happy Trails, Margaret Herron